**Regional Salisbury Study Day**

**Friday 3rd November 2023**

**Theme: Journeys in Ophthalmology -Diversifying your Clinical practice**

**Location: Riverside Hotel**

*70 Harnham Road, Salisbury, Wiltshire,SP2 8JN, +44(0)1722 338 388*

*Free parking on site*

<https://riversidesalisbury.co.uk>

**Time: Coffee Registration at 8:45 9am start**

**Programme:**

09:00 Welcome: Karinya Lewis

09:15 Ophthalmology and Education Panel Discussion

* Panel: James Kersey, Ben Parkin & Kate Bush
* Facilitator: Virinder Dhillon

9:45 Ophthalmology and Academia Panel Discussion

* Interviews Prof Lotery online
* Facilitator: Faye Horner

10:15 Ophthalmology and Abroad Panel Interview

* Panel: Ben Parkin/ Karinya Lewis/ Roger Humphry/Guy Hunter
* Trainee Facilitator: Tom Taylor

10:45 Choose my subspecialty debate 5 min presentation and then public vote:

* Cornea- Matt Wakefield
* Neuro- Jasvir Virdee
* Paeds- Rory Nicholson
* VR- Emily Gosse
* MR- Alison Penwarden
* Plastics – Naeem Haq
* Glaucoma- Karinya Lewis
* Facilitator: Luke Clifford

**11:30 Tea/ Coffee Break**

11:45 Break out groups- sign up for one of these groups:

* CV/ application top tips- Matt Wakefield/ Kristina May
* Exam tips – Part 1 Tom Taylor / Part 2 Shree/ Refraction – Luke Clifford
* Zoom interviews top tips with Roger Humphry/ Karinya Lewis

12:15 The road less travelled – non training routes (CESR/Led) Panel Discussion

* Andrea Clark/ Christina Matthew
* Facilitator: Mehmet Akyol

**12:45 to 13:30 Lunch and break out room:**

* How to get into Ophthalmology training top tips for those applying to National Recruitment with Robbie and Anjali

13:30 Ophthalmology and Private Practice Discussion

* Panel: Matt Wakefield & J.Lockhead (TBC)
* Facilitator: Guy Hunter

14:00 Curriculum and Simulation updates

* Curriculum 2024- TPD Steph West
* Simulation & College Roles- Faye Horner

14.45 Ophthalmology and Management/ Leadership Panel Discussion

* Panel Interview: Christina Rennie /Steph West/ Kristina May
* Facilitator: Holly Clarke

**15:15 Tea/Coffee Break**

15:30 Managing challenges in the workplace using the shapes toolkit

* Wild Monday Resilience Training Team. (TBC)

16:30 Winding down well- thoughts on retirement, pension, and life after ophthalmology! Panel Discussion

* Panel: Roger Humphry/ Ben Parkin
* Facilitator: Kate Bush

**Finish 5:30 with plan to go to for drinks in the bar by riverside**

***This meeting is kindly sponsored by Health Education England who have provided venue and speaker support.***

***Abbievie, Thea Pharma and Nordic Pharma have also kindly sponsored refreshments but have had no input into the agenda or content.***

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